Answers: 5.2.1.10 Lab - Check for Updates in Windows 7 and Vista

Introduction

In this lab, you will configure the operating system so you can select which updates are installed and then change the settings so updates are downloaded and installed automatically.
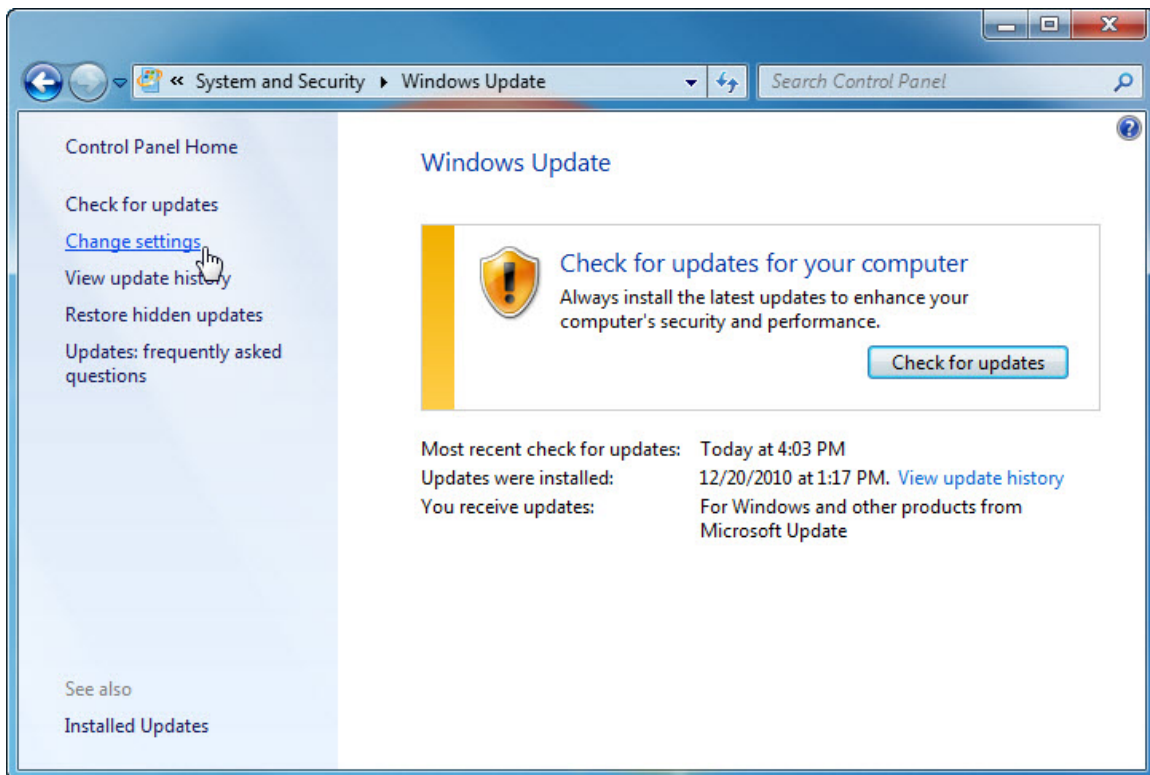
Recommended Equipment

The following equipment is required for this exercise:

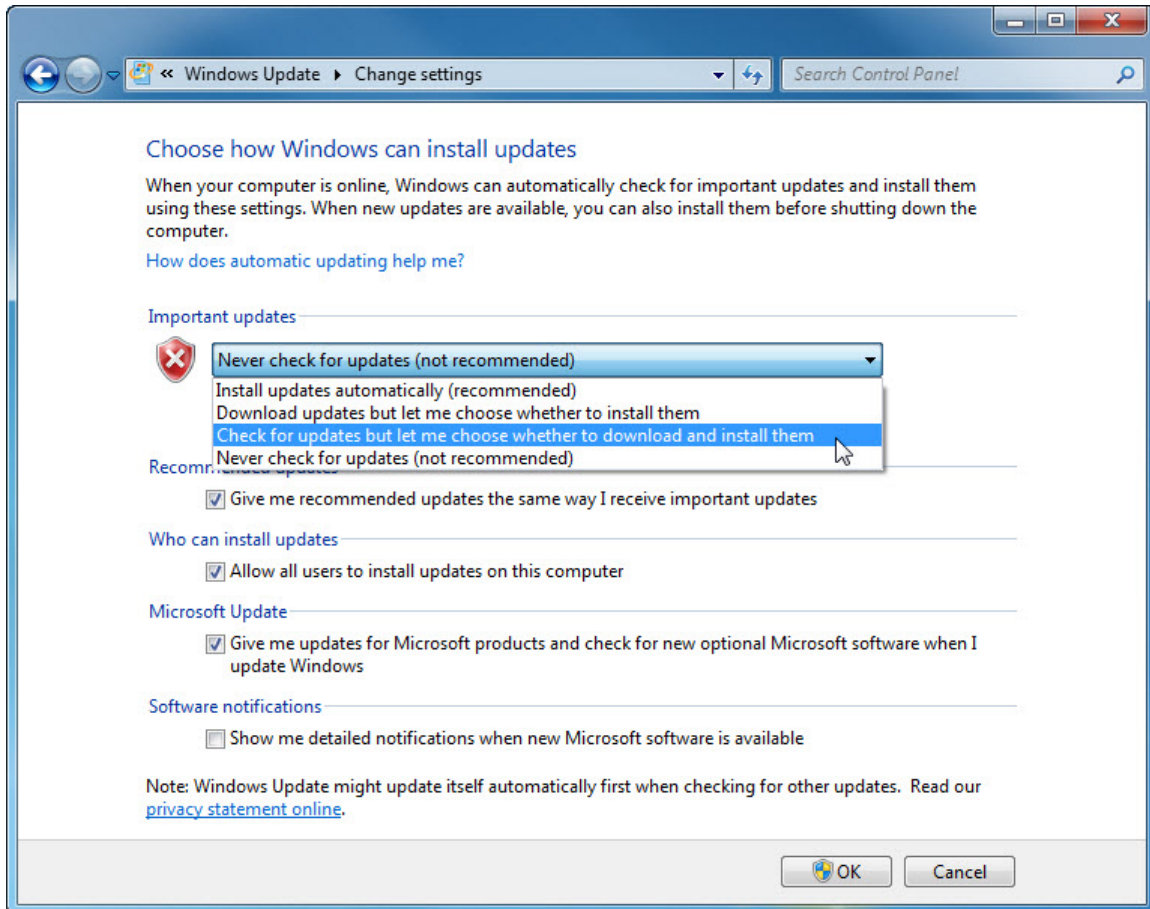- A computer with a new installation of Windows 7 or Vista

Step 1: Check for updates on your computer.

a. Boot the computer. Navigate to the **Change Settings** window by clicking **Control Panel > Windows Update > Change settings**.
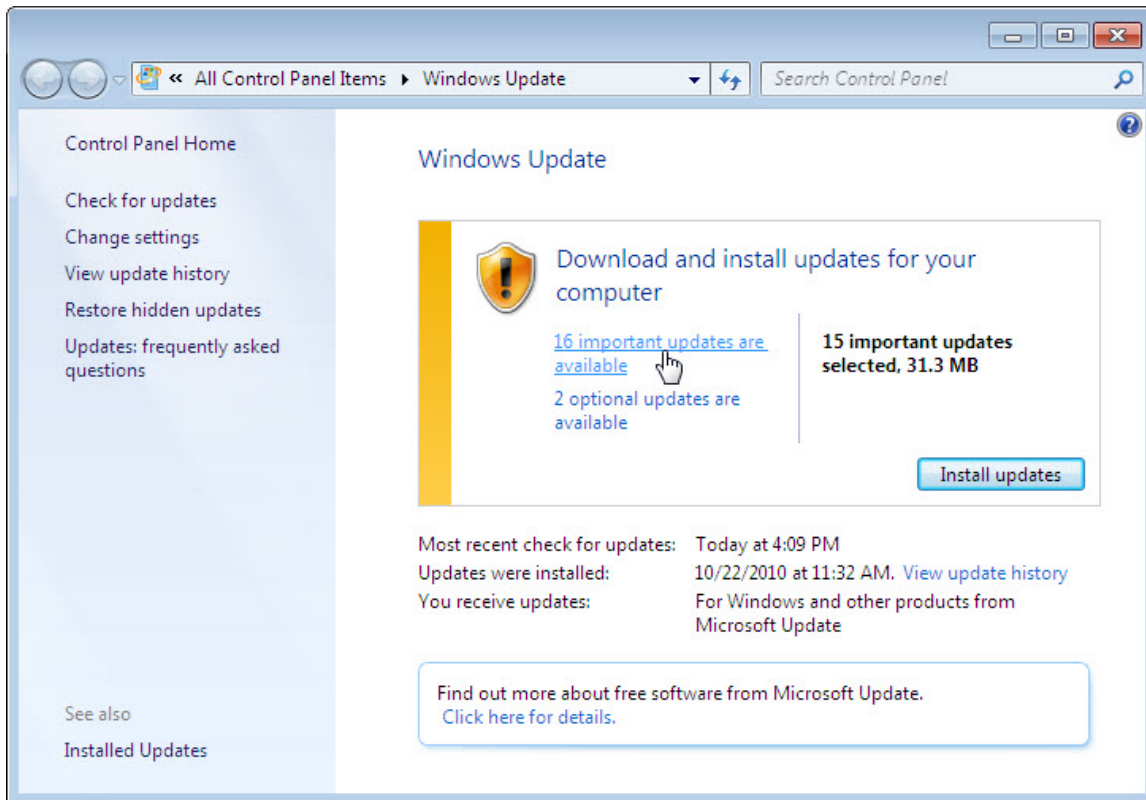
b. In the **Important updates** drop-down menu, select **Check for updates but let me choose whether to download and install them**.

c. Click **OK**.

**Step 2:** **Select updates to apply, and install the updates.**

a. From the **Windows Update** window, click the link that shows how many updates have been downloaded. Example: **16 important updates are available**.

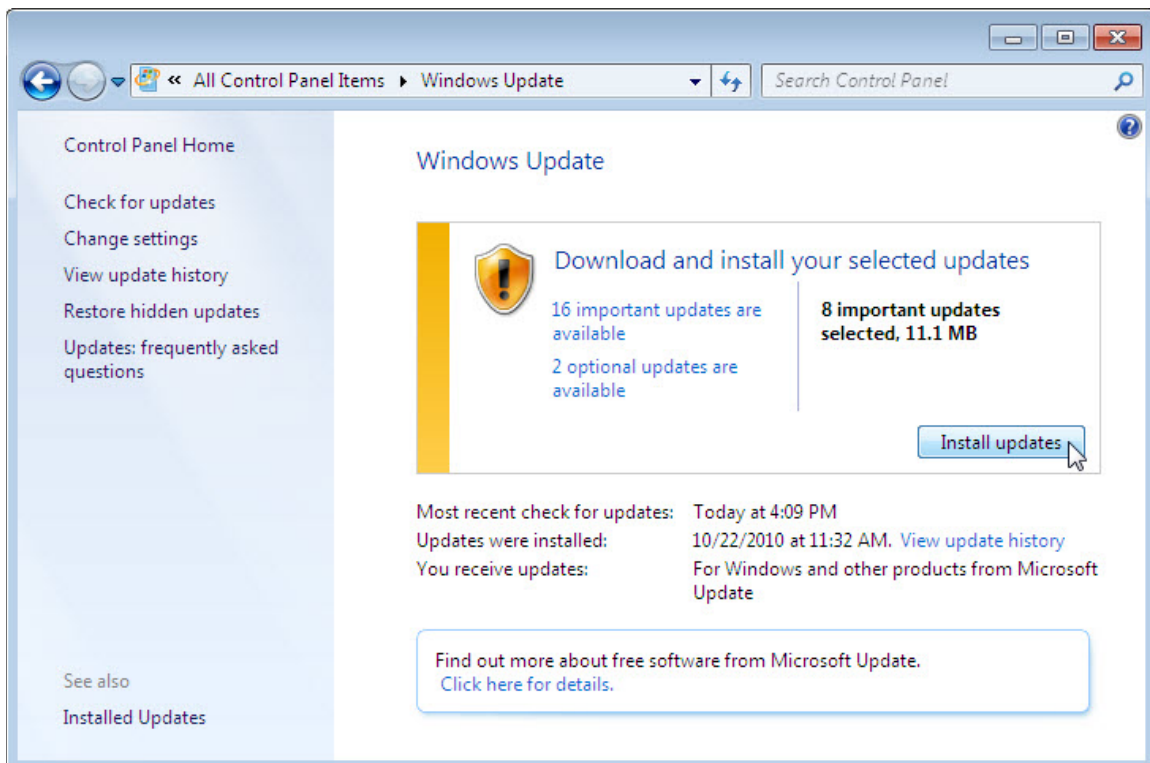**Note**: If no important updates are shown, click **Check for updates**.

b. The **Select update to install** window opens. Place a check mark next to the important and optional updates to be installed, and click **OK**.
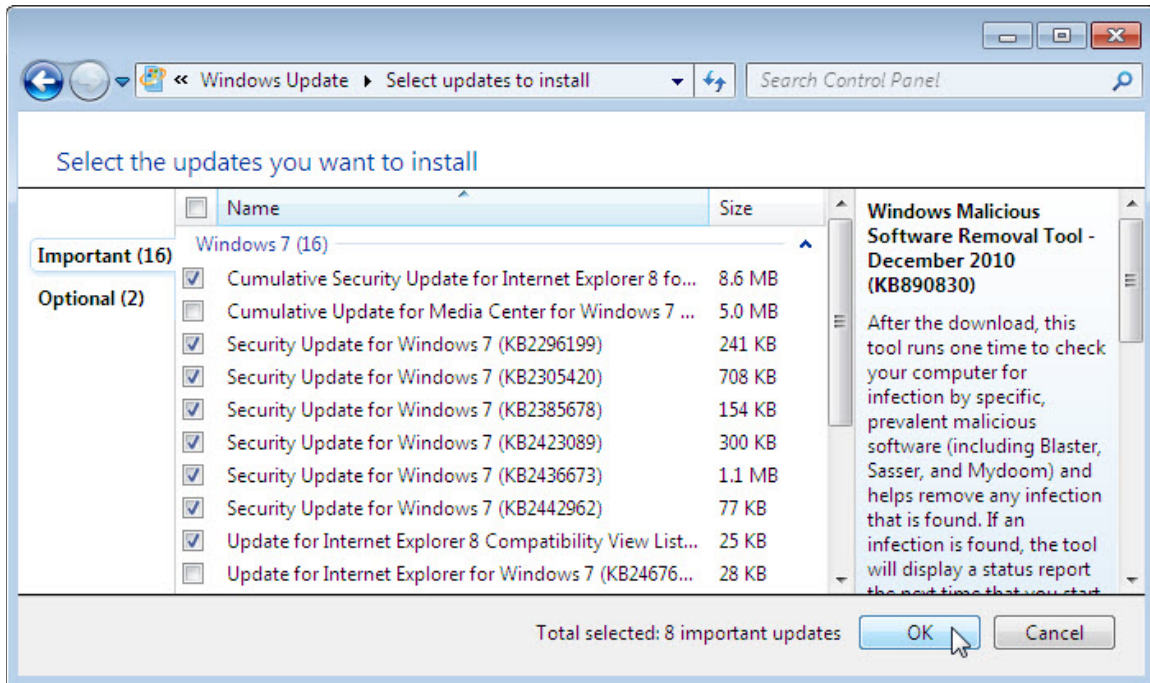
Note: Before selecting which updates to be installed, ask the instructor for permission to install the updates.

c. In the **Windows Update** window, click **Install updates**.

d. The **Windows Update** window will display the status of the update process. Once all of the selected updates have been installed, you may receive a message stating that a reboot is required. If you receive that message, reboot the computer.

**Step 3: Open the Windows Update utility program. (Optional)**

If you rebooted your computer, re-open the **Windows Update** window by clicking **Control Panel > Windows Update > Change settings**.

Step 4: Change the Windows Updates to install updates automatically.

a. From the **Windows Update** window, click **Change settings**.
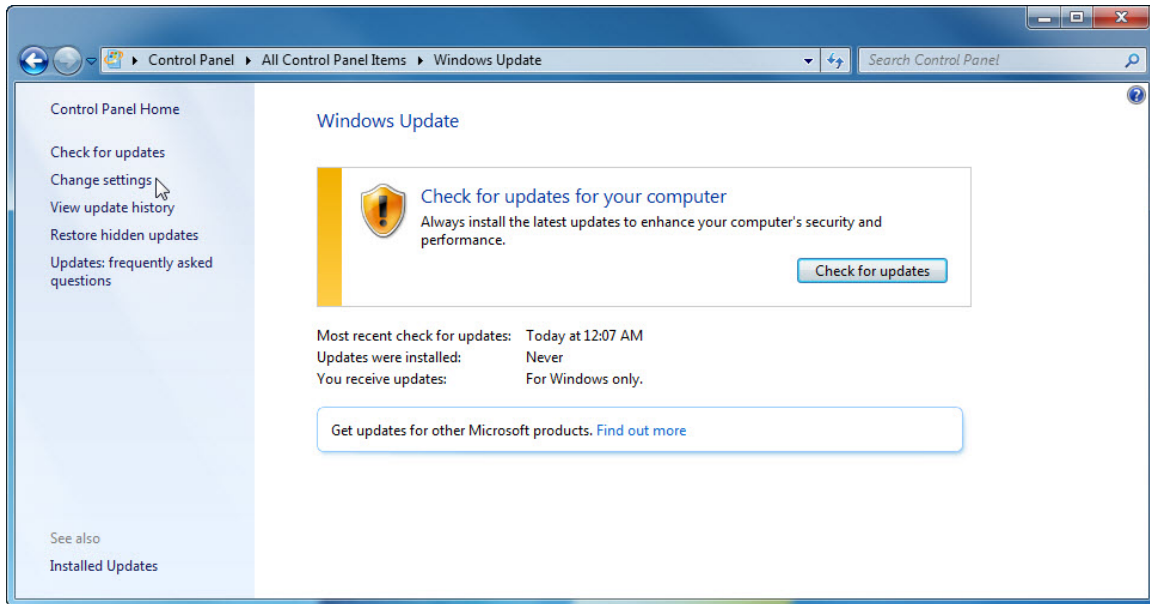
b. The **Choose how Windows can install updates** window opens. Select **Install updates automatically (recommended)** from the drop-down menu.
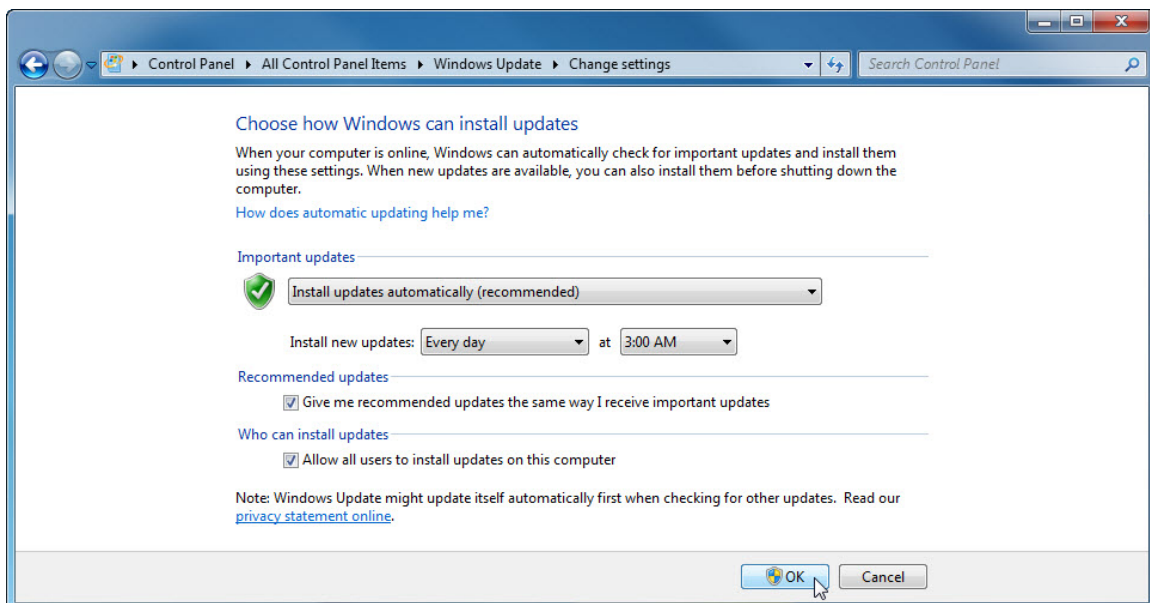
c. Click **OK** to accept the change.

d. Close all open window.

Reflection

Why is it recommended to set important updates to install automatically?